

East Frisian Tea Ceremony

*Dree
Koppkes Tee
is Oostfresen-
recht.*



Eintrag im
Bundesweiten Verzeichnis

Ostfriesische
Teekultur

In 2016 the „East Frisian Tea Tradition“ entered into in the federal register of Immaterial Cultural Heritage by the German UNESCO committee.



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East Frisian Tea Ceremony

A typical East Frisian day needs a comfortable teatime with „Kluntje“ (i.e. rock candy) and „Wulkje“ (i.e. little cloud). Tea is not simply drunk but it is celebrated in the East Frisian way.

INGREDIENTS

- **genuine East Frisian Tea**
- **1 kettle** (Waterketel) or a boiler
- **soft water**
- **1 teapot** (Treckpott, Teepott) with spout sieve or a tea strainer
- **1 warmer** with a tea light
- **teacups** (Koppkes) and **teaspoons** (Teelepel)
- **a dish for the rock candies** (Kluntjepott) with a **pair of tongs**
- **1 jug with a cream spoon** (Rohmlepel)

PREPARATION

Please use genuine East Frisian Tea only!

- 1.** Rinse the teapot with boiling water, put **tea leaves** (no tea bag) in the pot, about **4 teaspoons per litre** or to your own taste.
- 2.** Pour freshly boiled water over the tea leaves. The teapot is only **one third** filled. Now the tea has to brew for **three to five minutes**.
- 3.** After that the teapot is filled with boiling water, then put on a **warmer**. **Alternative:** use a double-walled pot.



- 4.** Now put a **piece of rock candy** (Kluntje) into the cups and pour the tea over it.

A spout strainer prevents the leaves from being poured into the teacup.

Alternative: Use a tea strainer, an infuser or a tea-filter.

- 5.** Carefully slip the cream anticlockwise onto the tea. For a moment time stands still. A little **cloud of cream** (Wulkje) emerges.



Genuine East Frisian Tea should not be stirred.

First you taste the mild cream, then the strong tea-aroma and at last the sweetness of the rock candy. When putting the spoon into the teacup, you show that you don't want any more tea.